

Katherine Gallagher

Katherine began her speaking career in her teens, beginning with abstinence-based sex education in public schools. With a passion for truth and for people, she has continued to speak on such topics as relationships, marriage, worldview, leadership, business, and personal growth from a core level. She is the current Executive Director of GoStrategic, a former small business owner, and also works with several local non-profits as a consultant and advisor. She is an author and has made numerous radio and television appearances. She holds a bachelor's degree in communication from Azusa Pacific University and resides in Northern California with her husband and two children.

SPEAKING TOPICS

BUSINESS & MANAGEMENT

TARGET AUDIENCE: The following topics are appropriate for both entry-level and seasoned business professionals.

FORMAT OPTIONS: The content can be presented as a broad overview in a single 45-50-minute session or can be divided into several 45-minute sessions for more in-depth study.

What is a Christian Business?

Are you a businessperson who happens to be a Christian—or are you a Christian who has been called by God to be in business? Sharing from personal experience as a small-business owner and an executive director, Katherine examines the differences between the two, challenging believers to align their businesses and careers with the principles of the Kingdom of God.

Doing Business God's Way

Based on Dennis Peacocke's book, *Doing Business God's Way*, this licensed teaching addresses the master principles upon which godly and healthy businesses are built. Businesspersons will discover the key attributes that are essential for representatives of the Lord in walking out their callings in the marketplace. Based on God's laws of economic business practice and timeless biblical principles, it provides a framework for both personal and business application in the areas of leadership and management, wealth creation and stewardship, generational thinking, strategic planning, and problem solving.

Additional Topics:

Keys to Successful Management | Evangelism in the Marketplace

RELATIONSHIPS & LIFESTYLE

TARGET AUDIENCE: The following topics can be geared specifically towards teen or adult audiences. FORMAT OPTIONS: Generally presented in a single 40-50-minute session or can be expanded into a two-part series.

Both/And

In a world where choices are frequently framed in the context of "either/or" and "all or nothing," truth and life more often reside in the realm of "both/and." This doesn't mean living in gray areas, neither does it imply that every approach is relevant; rather, it calls for living in the balance and design of God's ultimate truth for our lives. Through numerous examples in the Scriptures—from the King and the Priest to the seemingly contradictory Proverbs—to examples from daily lives and science, we will engage the art of equipoise for a healthier perspective on life, seeking to apply greater discernment in the difficult situations and quandaries of life.

Health Versus Happiness

Our culture is driven by the pursuit of happiness. Even in Christian circles, we find believers reasoning that God just wants them to be "happy." However, as the Scriptures, science, and observation all teach us, hedonism does not bring true fulfillment and should not be our goal. Pursuit of health—health in our bodies, in our minds, and in our relationships—brings lasting fruit that leads to contentment. In this teaching, we will compare and contrast various issues and motivations from both happiness-seeking versus health-seeking perspectives. Avoid the pitfalls of the "happiness trap" and equip yourself with practical tools in the pursuit of holistic health that satisfies your soul.

Barriers to Transformation

We all desire personal growth and godly transformation yet experience many obstacles along the way. This teaching examines common barriers, both from within and without, that prevent us from growing in maturity and experiencing ongoing transformation into Christ-likeness. Gain practical insight and strategy for stepping more fully into who God has created and called you to be!

Tending Your Garden

Did you know that every believer is called to "the ministry?" Whether you are aware of it or not, God has given each of us—not just pastors and evangelists—a ministry calling. Just as Adam and Eve were commissioned to tend the Garden in which they lived and worked, we each have a "garden" growing around us, filled with people to whom God has called us to minster. This licensed teaching provides a practical and empowering message on how believers can recognize and cultivate their own gardens, sow good seed, and produce a ripple effect of growth in their spheres of influence.

Worldview and Relationships

How do we have hard conversations without alienating people? How we do we address trigger-worthy topics—such as politics, gender, and sexuality—in ways that communicate truth yet produce fruitful and loving interactions? This teaching provides practical instruction for engaging in meaningful discussions, honoring relationships, finding perspective amidst conflict, and employing effective language strategy.

Additional Topics:

Passion for Life: Destiny in the Daily | Influencing the Culture

SEX & SEXUALITY

Sex and Teens (For Teens and Young Adults)

With a speaking career that began at just 15 years of age as part of a peer-based sex-education group, Katherine has numerous years of experience addressing the subject of sexuality in practicality, especially to teenage audiences. In this session, she shares her passion for purity and a godly perspective on sex—not one based in fear or shame but grounded in the freedom and health that comes with living according to God's design. Discussion on the topics of healthy boundaries, navigating relationships, and good decision-making will also be covered.

FORMAT OPTIONS: Teaching duration of 30-50 minutes. Recommended to follow with Q&A and/or discussion groups.

God and Sex (For Teens or Adults)

Our culture has hijacked sex—but sex was God's idea! How do we get back to God's original intent for sex and sexuality? An inspirational and practical message that counters the pervading secular viewpoint with a healthy and freeing perspective on godly sexuality.

FORMAT OPTIONS: Teaching duration of 45-60 minutes.

Let's Talk About Sex (For Parents, Caregivers, and Youth Leaders)

How do we talk to our kids about sex and sexuality from a principle-based perspective that honors the benefits of healthy sexuality, and not merely a focus on avoidance of the potential negative consequences? We will not approach the subject out of fear or defensiveness, but rather through the lens of the life and health that God wants for our expressions of sexuality. Includes discussion of age-appropriate content and concepts, practical conversation tips, and ways to bolster your relationship with your children.

FORMAT OPTIONS: Teaching duration of 45-60 minutes. Recommended to follow with Q&A and/or discussion groups.

Sex (For Wives Only)

As women, our experiences with our sexuality are unique from men's, as we navigate expectations and pressure from both the external world and from within our marriages. This teaching addresses some of the specific challenges facing Christian women in today's culture, examines barriers to intimacy, and provides inspiration and encouragement for how to foster a healthy sexual and romantic relationship with your spouse.

FORMAT OPTIONS: Teaching duration of 30-50 minutes.

WORLDVIEW & THE KINGDOM OF GOD

TARGET AUDIENCE: The following topics can be specifically geared toward teen, college age, or adult audiences.

FORMAT OPTIONS: The content can be presented as a broad overview in a single 45-50-minute session or can be divided into several 45-minute sessions for more in-depth study.

The Two Gospels/The Kingdom of God

Many believers, while familiar with the gospel of salvation, were never taught the gospel of the Kingdom. Salvation was always designed as a gateway to the Kingdom of God which we are called to as believers for the purpose of discipling nations. Only through employing a Kingdom perspective can we experience a holistic gospel with the power to transform lives and provide hope to a world gone awry. This teaching will encourage you to broaden your lens to the bigger picture that God has for us and to live out the prayer, "thy Kingdom come, thy will be done on earth as it is in heaven."

Worldview in a Nutshell

What is worldview, and why does it matter? Everyone has a worldview whether they recognize it or not, and as Christians, it is important to not just understand what we believe but why we believe it. This teaching will equip you to ask questions that reveal underlying assumptions so we can better understand both our own beliefs and the beliefs of others. Through a gridwork of critical thinking, you'll learn to interpret internal and external motivations, engage in meaningful conversations, and apply biblical principles to any situation of life.

Worldview as Lifestyle

How should we then live? As Christians, we want our worldview to go beyond understanding and into conscious living. If we do not fully integrate God's principles into our thinking and lifestyle, we cannot live fully authentic lives. In this teaching, we will engage the battle for incarnation, integrating our knowledge into action in our everyday lives and habits toward the purpose of personal integrity and growth, and being salt and light to our spheres of influence.